



WEEKLY NEWSLETTER



DREAM

PLAY

LEARN

NEWS and EVENTS  
friendship  
DAY



Theme of the Month:  
"Health and Growth"

This week we have learned:

Letter: Nn

Number: 5

Colour: Blue

Shape: Oval



Next week we will learn:

Letter: Cc

Number: 5

Colour: Blue

Shape: Oval



Everything can be achieved through **DREAM,**

**PLAY** and **LEARN**

Teacher: Ms. Hannah

**Parrot Class**

Assistant: Ms. Venelyn

This week in Parrot Class we have had so much fun! We have learnt all about the phonic n, the colour blue and the number 5! We have really enjoyed starting our new topic 'health and growth' we have learnt all about plants and how they need lots of water and sunshine to grow bigger, we also discussed how if we eat all our vegetables and drink our water, we will also grow bigger and stronger!



**Parrot Class**



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Teacher: Ms. Louise

**Flamingo Class**

Assistant: Ms. Charito

"This week has been the first week of our new theme 'Health and Growth'. The flamingos have been learning about healthy and unhealthy food, sorting them into groups. We have also been learning the colour blue while playing with play dough, learning the phonic sound 'nnnnn' while writing it and finding it in the foam and learning the shape oval by making it as a group during outside time. We also have been looking at growth by looking how we grow from a baby to an adult and we measured ourselves on our new beanstalk height chart"



## **Flamingo Class**



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Teacher: Ms. Hibak

**Butterfly Class**

Assistant: Ms. Marites

Another week has flown by with learning and creating galore, the kids have started a new set of colours, numbers and letters. We have enjoyed doing lots of painting and learning about healthy foods that we should eat. We look forward to a new week with more to come.



## **Butterfly Class**



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Teacher: Ms. Sabrina

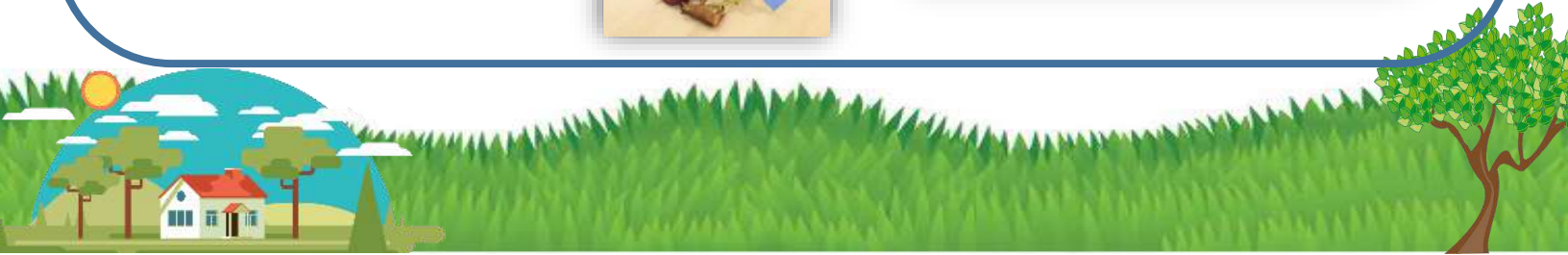
**Owl Class**

Assistant: Ms. Ednalyn

This week the Owl Class had so much fun learning about the topic “health” 😊 We spoke about food that is healthy and not healthy and we discussed amongst ourselves what our favourite food is. The learners had so much fun learning about the colour “Blue” they really enjoyed playing with the blue playdough. We also played with musical instruments and sang songs. Ms Sabrina is so proud of her learners because they were all able to count from 0-5 confidently and were able to identify the number 5 😊. Well done Owl Class!



## **Owl Class**



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Teacher: Ms. Nadin

### **Duckling Class**

Assistant: Ms. Edita

We had a fun and fruitful week, the duckling class enjoyed learning about our health and growth topic through different activities. We categorized healthy and unhealthy food, painted different healthy food items, and pretended to be cooking healthy food meals in our role play kitchen.

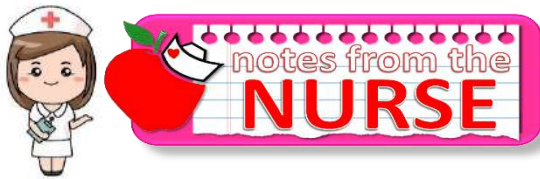
We also learned about healthy development and growth by planting a seed, watering it daily healthy, and observing any growth or decay continuously. During our literacy lessons, the kids continued to learn their alphabets. They fetched different letters from a bucket of water and matched each one with the alphabets tray. For our math lessons, we continued to learn counting numbers through jumping and hopping on sequenced numbers during our outdoors play.



### **Duckling Class**



**NEWS AND INFORMATION FOR PARENTS**



**TIPS TO MAKE YOUR KIDS EAT HEALTHY**

1. Make meal times more fun
2. Get them to help
3. Don't restrict treats completely
4. Avoid keeping junk foods at home
5. Be a good example
6. Begin with small portions
7. Be strict with eating schedules
8. Be patient



**Thursday Activity**

18<sup>th</sup> February 2021

